

## Retin-A (prescription strength)

- Retin-A is a prescription strength derivative of Vitamin A. It works by increasing cell turnover, which helps with discoloration, wrinkles, and acne. The effect of increased cell turnover can be irritation and flaking.
- It takes at least 6 months to see a noticeable difference in wrinkles, and 6-9 weeks to realize effectiveness for whiteheads and blackheads.
- Apply a **thin** layer nightly.
- In the morning, wash your face with Dermagenix Foaming Facial Refiner or use your cleanser with a rough cloth to reduce noticeable flaking.
- When you first start using Retin-A, apply it *every other night* or *every 3rd night*. The flaking and irritation side effects are usually worst in the first 2 weeks of application. As your skin adjusts to the medicine, you can apply it more frequently.
- If you notice an increase in the irritation or flaking, it's ok to take a break for a couple of days and resume once the irritation subsides.

### **Acne-prone skin giving you trouble? Starting today, start over.**

Regardless of what's causing your acne-prone skin (whether its genetics, hormones, stress, menopause or the environment) - Dermagenix Solutions provides the precision skin care your skin needs to look and act normal.

- Calm, comfortable, retextured skin.
- Visible imperfections under control.
- Brightness and tonal clarity restored.
- Pores are purified and minimized.

## Your Customized Plan

### 1. Cleanse

- Pore-Cleansing Cleanser  AM  PM
- Pore-Purifying Astringent  AM  PM
- JM-Bioglycolic Cleansing Gel  AM  PM

### 2. Treat

- Rescue Gel  AM  PM
- Shine-Free Solution  AM  PM
- JM-Benzoyl Peroxide  AM  PM
- Retin-A  AM  PM

### 3. Hydrate & Protect

- Oil-Free Hydrating Fluid  AM  PM
- Solar Defender SPF 28  AM  PM

### Special Care: 1 to 3 times a week

- Zinc & Sulphur Masque  
1x/wk  2x/wk  3x/wk
- Purifying Comfort Masque  
1x/wk  2x/wk  3x/wk
- JM-Skin Zyme Mask  
1x/wk  2x/wk  3x/wk

- \* **Complimentary Consult available with Dr. Vo for advanced skin rejuvenation options.**

## Acne-Prone Skin...



6030 S. Rice, Suite A  
Houston, TX 77081  
Ph: 713 662 DERM (3376)

**DERMAGENIX**  
M E D I C A L S P A

H. Kim Vo, MD Medical Director

## Every Morning and Night

# 1. Cleanse

Keeping skin clean of surface clutter - and purified down to the bottom of the pore - is the first step to maximizing your skin's overall performance. Sulfate cleansers are proven oil-clutterers, but they leave your skin dry, dehydrated, flaking and uncomfortable. With Dermagenix Solutions, your skin will feel ultra-clean and fresh without the tight discomforts from sulfates.

### **Pore-Clearing Cleanser**

*All Skin Types*

- Sulfate-free formula dissolves oil on contact
- Pore purifying essential oils balance pore ecology
- Skin feels ultra-clean and comfortable - not tight, dry or rough

### **JM-Bioglycolic Oily Skin Cleansing Gel**

*Acne-Prone: Mild, Moderate, Severe*

- Fast-acting formula targets oily/prone skin
- Glycolic acid helps clear acne lesions
- Leaves skin feeling exceptionally clean and soft

### **Pore-Purifying Astringent**

*Acne-Prone: Moderate, Severe*

- Patented essential oil blend targets troubled pores
- Helps visibly clear imperfections without drying skin
- AHA/BHA blend minimizes pores



### **Chinese Licorice**

A mainstay in Chinese medicine for over 5,000 years, the root of this plant houses yellow-toned licochalcone - clinically tested and proven to reduce visible redness, and discomfort and other common imperfections in acne-prone skin.

# 2. Treat

Once your skin is clean, use the pore-specific solutions to target imperfections and transform the surface of your skin.



### **Rescue Gel**

*Acne-Prone: Mild, Moderate, Severe*

- "On the spot" defense system
- Amplifies skin's natural ability to repair itself
- Fast-acting

### **JM-Benzoyl Peroxide 10% & 5%**

*Acne-Prone: Mild, Moderate, Severe*

- Aids in preventing the formation of new lesions
- Medically proven to dramatically assist in clearing acne lesions
- Effective in minimizing open comedones (blackheads)

### **Shine-Free Solution**

*Acne-Prone: Slightly to Extremely Oily*

- Visibly shrinks pores in seconds
- Oil-absorbing micrograins keep skin shine-free up to 8 hours
- Keeps makeup in place and looking fresh

# 3. Hydrate & Protect

Surface dehydration can bring out an oily backlash. To keep your skin under control, ensure it's hydrated, conditioned and protected from the sun.

### **Oil-Free Hydrating Fluid**

*Acne-Prone: Mild, Moderate, Severe*

- Reprograms skin to hold more moisture-without oil
- Lightweight - won't clog pores or cause shine
- Dermatologist-tested for irritancy and sensitivity

### **JM-Bioclear Cream/Lotion**

*Acne-Prone: Mild, Moderate, Severe*

- Resurfaces skin for a dramatically softer and smoother texture
- Overall skin hydration is increased
- Unique barrier emollient that helps to retain moisture

### **Solar Defender SPF 28**

*Acne-Prone: Mild, Moderate, Severe*

- Broad-spectrum UVA/UVB protection
- Lightweight - won't clog pores or cause shine
- Antioxidants defend against blocked pores

# Special Care

Acne-prone skin needs more than just a daily routine to keep it looking and acting as normal as possible. You can rely on all of these solutions 1-3 times a week to maximize your skin's overall performance.

> **Relieve congestion, fight imperfections:**

### **Zinc & Sulphur Masque**

*Acne-Prone: Oily, Congested, Visible Imperfections*

- Zinc blend absorbs and balances oil
- Great for "spot" control
- Fast-acting relief

### **JM-Clean Zyme**

*Acne-Prone: Oily, Congested, Visible Imperfections*

- Digest dead skin cells without harming sensitive skin
- Clinical exfoliation

> **Purify, hydrate and soothe redness:**

### **Purifying Comfort Masque**

*Acne-Prone: Red, Dehydrated, Uncomfortable*

- Purifies pores in minutes
- Calms and eases visible redness instantly